



MENU

<u>Week 1</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>BREAKFAST</u> <u>MILK</u>	Oatmeal Peaches	Biscuits w/ Jelly Strawberries	Waffles Blueberries	Toast w/ Jelly Mixed Fruit	Shredded Mini Wheats Mandarine Oranges
<u>LUNCH</u> <u>MILK</u>	Turkey Sandwiches w/ Swiss Cheese French Fries Pears	Chicken & Cheese Quesadillas Refried Beans Pineapples	Scrambled Eggs Hash Browns Cinnamon Apples Toast	Pinto Beans Mashed Potatoes Bananas Corn Bread	Pb/ Jelly Sandwiches Tator Tots Peaches
<u>PM SNACK</u> <u>MILK &</u> <u>JUICE</u>	Chips & Salsa Apple Juice	Pepperoni Slices Cubed Cheese Milk	Oranges Milk	Cheerios Milk	Apples w/ Carmel Sauce Milk
<u>Week 2</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>BREAKFAST</u> <u>MILK</u>	Ham & Cheese Combo Bars Applesauce	Banana Nut Muffins Berry Blend	Cream of Wheat Pears	Turkey Sausage Oranges	Rice Crispy Cereal Mixed Fruit
<u>LUNCH</u> <u>MILK</u>	Ham & Cheese Sandwiches Carrots w/ ranch Pineapples	Bean & Cheese Burritos Mixed Salad w/ Ranch Mandarine Oranges	Sloppy Joes Peas Peaches	Hamburger & Rice Green beans Strawberries	Cheese Pizza Bananas Corn
<u>PM SNACK</u> <u>WATER &</u> <u>MILK</u>	Yogurt Granola Water	Watermelon Milk	Bananas Peanut Butter Water	Grapes String Cheese Milk	Ham Bread Milk
<u>Week 3</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>BREAKFAST</u> <u>MILK</u>	Cheese Toast Cantaloupe	French Toast Sticks Blueberries	Egg & Cheese Burritos Oranges	English Muffins w/ Jelly Raspberries	Cheerios Blackberries
<u>LUNCH</u> <u>MILK</u>	Spaghetti w/ Meatballs Mixed Salad w/ Ranch Applesauce Garlic Bread	Grilled Cheese French Fries Pineapples	Chicken Fettucine Alfredo Green beans Bananas	Hotdogs Corn Blueberries	Beef Taco Salad w/ Cheese Lettuce, Tomato, Sour Cream Mexican Rice Tortilla Chips
<u>PM SNACK</u> <u>WATER &</u> <u>MILK</u>	Nutella Bread Milk	Wheat Thins Cheese Cubes Milk	Yogurt Blueberries Water	Peanut Butter Crackers Milk	Turkey & Cheese Roll Ups Milk
<u>Week 4</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>BREAKFAST</u> <u>MILK</u>	French Toast Sticks Peaches	Toast w/ Jelly Triple Berry Blend	Bagels w/ Cream Cheese Pineapples	Scrambled Eggs w/ Cheese Bananas	Raisin Brand Cereal Applesauce
<u>LUNCH</u> <u>MILK</u>	Chicken Cram of Mushroom Noodles Corn Strawberries	Beef Tacos Lettuce & Tomatoes Refried Beans	BBQ Chicken Steamed Broccoli Mashed Potato Slice of Whole Wheat Bread	Mac & Cheese w/ Ham Cubes Peas Pineapples Slice of Whole Wheat Bread	Chicken Nuggets Green Beans Sweet Potatoes Slice of Whole Wheat Bread
<u>PM SNACK</u> <u>WATER,</u> <u>MILK, &</u> <u>JUICE</u>	Dried Cranberries Granola Milk	Apple Slices Peanut Butter Water	Chips & Salsa Apple Juice	Grapes Cottage Cheese Milk	Carrots w/ Ranch Milk